



Dear parent/carer,

With the summer holidays coming up, we thought you might be on the look-out for activities to keep your child busy over the school break.

We wanted to let you know about the **FREE Holiday Activities and Food (HAF) Programme** that's running at a school near you for children who are eligible for free school meals.

What is HAF?

Fun, food and physical activity are all a part HAF. **It's a free holiday programme** funded by the Government.

HAF is being delivered by us, **Aspire Active Camps**. We're an Ofsted registered childcare provider who have been running our school holiday camps across the Midlands for 16 years.

A typical day at HAF includes four physical activity sessions and a nutritious meal.

What activities are running?

The four physical activity sessions are chosen from the following:

Multi Sports

Multi Sports sessions offer a huge range of sports and activities, it could be anything from tennis to frisbee golf!

Maths on the Move

Combining maths and movement, MOTM is proven to increase children's confidence and attainment in maths.

English on the Move

Movement-based games and activities helping to boost your child's understanding and application of spelling, punctuation and grammar rules.

Active Families

Inspiring children to be active at home with activities for the whole family.

Aspire Active Camps Limited

Unit 6, Holly Park, Spitfire Road, Birmingham B24 9PB
Call **0121 663 1979** or email **info@activecamps.co.uk**

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Where is HAF running?

Tudor Grange Academy
Redditch
B98 7UH

When is HAF running?

1st – 4th August, 8th August - 11th August, 15th August - 18th August, 22nd – 25th August –
9am-3pm

How do you book?

Find out more and book your place via our website

<https://www.aspire-sports.co.uk/active-camps/free-summer-activities-haf2022>

When you're making your booking and reach the payment page, select HAF as the payment type and enter the following code issued by your school/council.

If you have any questions or would like help booking, you can call us on 0121 663 1979.

We hope to see you there!

Yours faithfully,
The Aspire Active Camps team

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