

	Being Me In My World	Celebrating Differences	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 1	Feeling special and safe. Being part of a class. Rights and responsibilities. Rewards and feeling proud. Consequences. Owning the Learning Charter.	Similarities & Differences. Understanding bullying and knowing how to deal with it. Making new friends. Celebrating the differences in everyone.	Setting goals. Identifying successes and achievements. Learning styles. Working well and celebrating achievement with a partner. Tackling new challenges. Identifying and overcoming obstacles. Feelings of success.	Keeping myself healthy. Healthier lifestyle choices. Keeping clean. Being safe. Medicine safety/safety with household items. Road safety. Linking health &happiness.	Belonging to a family. Making friends/being a good friend. Physical contact preferences. People who help us. Qualities as a friend and person. Self-acknowledgement. Being a good friend to myself. Celebrating special relationships.	Life cycles - animal and human. Changes in me. Changes since being a baby. Differences between female and male bodies (correct terminology) PANTS Linking growing and learning. Coping with change. Transition.
Safeguarding Focus	<ul> <li>Class rules-why do we need these/keeping all safe etc.</li> <li>Halloween (being safe)</li> <li>Bonfire Night - safety - firework safety</li> <li>Staying safe in school - stranger danger and how school keep children safe.</li> </ul>	<ul> <li>Online safety -         passwords         private. Safety         on the internet.         See E-safety         and teaching         units.</li> <li>RE units-inc life         as a Muslim,         Christian.</li> <li>RE- What does         it mean to belong         to a Faith         community?</li> </ul>	Healthy relationships Stranger Danger - what to do ifhow to keep safe when outside, how to deal with a problem, a stranger etc. Healthy Me through NSPCC PANTS Rule Online safety week	Healthy     relationships     Stranger     Danger - what     to do ifhow to     keep safe when     outside, how to     deal with a     problem, a     stranger etc.     Healthy Me     through NSPCC     PANTS Rule     Online safety     week	<ul> <li>Water safety</li> <li>People who help us keep safe</li> <li>Girls and Boys bodies (identifying body parts)</li> <li>Who can help us? Relationships work in PSHE.</li> <li>Keeping our bodies healthy</li> <li>Sun Safe-using sun hats, sun</li> </ul>	Science     curriculum-     Animals inc     humans.



	<ul> <li>Managing feelings         <ul> <li>And behaviour</li> </ul> </li> <li>Online safety -                 passwords private.                  Safety on the                  internet. See E-                  safety and teaching                  units.                       Road Safety                       Anti-Bullying Week</li> </ul>	<ul> <li>Anti-Bullying Week</li> <li>Children in Need</li> </ul>	Keeping your information safe	Keeping your information safe	screen, keeping hydrated. • Tolerance and understanding - RE	
Special Events	<ul> <li>Anti-Bullying Week</li> <li>Visits and Visitors</li> <li>Assemblies</li> </ul>	<ul> <li>I am Unique Week</li> <li>Children in Need</li> <li>Visiting places of worship</li> <li>Visits and Visitors</li> <li>Assemblies</li> </ul>	<ul> <li>Safer Internet         week</li> <li>Sports         Relief/Comic         Relief</li> <li>Visits and Visitors</li> <li>Assemblies</li> </ul>	<ul> <li>Healthy Me Week</li> <li>Visits and Visitors</li> <li>Assemblies</li> </ul>	<ul> <li>Visits and Visitors</li> <li>Assemblies</li> <li>RSE Parent/Carers meeting</li> </ul>	<ul> <li>Healthy Me Week</li> <li>Visits and Visitors</li> <li>Assemblies</li> </ul>
Year 2	Hopes and fears for the year. Rights and responsibilities. Rewards and consequences. Safe and fair learning environment. Valuing contributions. Choices. Recognising feelings.	Assumptions and stereotypes about gender. Understanding bullying. Standing up for self and others. Making new friends. Gender diversity. Celebrating difference and remaining friends.	Achieving realistic goals. Perseverance. Learning strengths. Learning with others. Group co-operation. Contributing to and sharing success.	Motivation. Healthier choices. Relaxation. Healthy eating& nutrition. Healthier snacks and sharing food.	Different types of family. Physical contact boundaries. Friendship and conflict. Secrets. Trust and appreciation. Expressing appreciation for special relationships.	Life cycles in nature. Growing from young to old. Increasing independence. Differences in female and male bodies. (Correct terminology) PANTS Assertiveness. Preparing for transition.
Safeguarding Focus	<ul> <li>Fire Safety</li> <li>Stranger Danger</li> <li>Personal Hygiene - keeping clean and healthy</li> </ul>	<ul><li>Mental Health Week</li><li>Staying Safe Online</li></ul>	<ul> <li>Road Safety</li> <li>E-Safety -         including safer         internet day</li> </ul>	<ul> <li>Medicine Safety</li> <li>Managing risks</li> <li>Visits and Visitors</li> </ul>	<ul> <li>Keeping safe (physical contact)</li> <li>Secrets</li> <li>Travel safety, road safety,</li> </ul>	<ul><li>Healthy Relationships</li><li>My body/your body</li></ul>



	<ul> <li>Anti Bullying Weekstanding up for myself</li> <li>Mental Health Week</li> <li>Staying Safe Online</li> <li>Visits and Visitors</li> <li>Assemblies</li> <li>British Values         Curriculum (see doc)     </li> </ul>	<ul> <li>I am Unique Week</li> <li>RE units inc Judiasm</li> <li>British Values Curriculum (see doc)</li> </ul>	<ul> <li>RE unit How should we care for the world and others?</li> <li>British Values Curriculum (see doc)</li> </ul>	• Assemblies	general travel safety, water safety  Visits and Visitors Assemblies	<ul> <li>Staying safe away from home-managing risks, managing feelings.</li> <li>Being different-how does what believers do show what they believe?</li> <li>Bullying/Racism</li> </ul>
Special Events	<ul> <li>Anti-Bullying Week</li> <li>Visits and Visitors</li> <li>Assemblies</li> </ul>	<ul> <li>I am Unique Week</li> <li>Children in Need</li> <li>Visiting places of worship.</li> <li>Visits and Visitors</li> <li>Assemblies</li> </ul>	<ul> <li>Safer Internet         week</li> <li>Sports         Relief/Comic         Relief</li> <li>Visits and Visitors</li> <li>Assemblies</li> </ul>	<ul> <li>Healthy Me WeeK</li> <li>Visits and Visitors</li> <li>Assemblies</li> </ul>	<ul> <li>Mental Health week</li> <li>Visits and Visitors</li> <li>Assemblies</li> <li>RSE Parent/Carers meeting</li> </ul>	<ul> <li>Visits and Visitors</li> <li>Assemblies</li> </ul>

Year 3	Setting personal goals.	Families and their	Difficult challenges and	Exercise.	Family roles and	How babies grow.
	Self-identity and worth.	differences.	achieving success.	Fitness challenges.	responsibilities.	Understanding a baby's
	Positivity in challenges.	Family conflict and how to	Dreams and ambitions.	Food labelling and healthy	Friendship and	needs.
	Rules, rights and	manage it (child-centred)	New challenges.	swaps.	negotiation. Keeping safe	PANTS
	responsibilities.	Witnessing bullying and	Motivation and	Attitudes towards drugs.	online and who to go to	Family stereotypes.
	Rewards and consequences.	how to solve it.	enthusiasm. Recognising	Keeping safe and why it's	for help.	Challenging my ideas.
	Responsible choices.		and trying to overcome		Being a global citizen.	



	Seeing things from others' perspectives.	Recognising how words can be hurtful. Giving and receiving compliments.	obstacles. Evaluating learning processes. Managing feelings. Simple budgeting.	important online and off- line scenarios. Respect for myself and others. Healthy and safe choices.	Being aware of how my choices affect others. Awareness of how other children have different lives. Expressing appreciation for family and friends.	Preparing for transition (2 weeks)
Safeguarding Focus	<ul> <li>Water safety</li> <li>Trip safety</li> <li>Online safety</li> <li>Witness feelings and solutions</li> <li>Healthy Bodies-PSHE</li> <li>RE Unit inc What does it mean to be a Hindu in Britain today?</li> <li>Looking after me, taking care of yourself mentally, emotionally and physically</li> <li>Anti-bullying week-theme for the school</li> <li>British Values</li> <li>Curriculum (see doc)</li> </ul>	<ul> <li>Family conflict</li> <li>Everybody is different but we are all peoplebullying/racism</li> <li>Families come in all shapes and forms, different parenting arrangements, homophobia etc</li> <li>Anti-bullying week-theme for the school</li> <li>British Values Curriculum (see doc)</li> </ul>	<ul> <li>Careers, financial capability and economic well being.</li> <li>Being safe</li> <li>Safety during experiments-Science</li> <li>British Values Curriculum (see doc)</li> </ul>	Drugs, alcohol and tobaccodrugs educationdon't be pressurised, drugs awareness-looking after our bodies.     Peep pressure     Online safety     Showing respect online	<ul> <li>Keeping myself safe</li> <li>Safety in the sun</li> <li>Emotional and mental health/well being</li> <li>Food, diet and fitness</li> <li>RE Unit:How and why do people try and make the world a better place?</li> <li>British Values Curriculum (see doc)</li> </ul>	Keeping safe-looking after our bodies     My body is my body     Managing pressure and risks
Special Events	<ul><li>Anti bullying week</li><li>Visits</li><li>Swimming lessons</li></ul>	<ul> <li>Children in Need</li> <li>Anti bullying week</li> <li>Visits and</li> <li>Visitors</li> </ul>	<ul><li>Safer internet week</li><li>Comic/sports relief</li></ul>	<ul><li>Healthy Me</li><li>Visits and</li><li>Visitors</li><li>Assemblies</li></ul>	<ul><li>I am unique week</li><li>Healthy Me week</li><li>Visits and</li><li>Visitors</li></ul>	



	<ul> <li>Visiting places of worship</li> <li>Visits and Visitors</li> <li>Assemblies</li> </ul>	• Assemblies	<ul><li>Visits and Visitors</li><li>Assemblies</li></ul>		<ul> <li>Assemblies</li> <li>RSE         Parent/Carers         meeting     </li> </ul>	
Year 4	Being part of a class team. Being a school citizen. Rights, responsibilities and democracy (school council) Rewards and consequences. Group decision-making. Having a voice. What motivates behaviour.	Challenging assumptions. Judging by appearance. Accepting self and others. Understanding influences. Understanding bullying. Problem-solving. Identifying how special and unique everyone is. First impressions.	Hopes and dreams. Overcoming disappointment. Creating new, realistic dreams. Achieving goals. Working in a group. Celebrating contributions. Resilience. Positive attitudes.	Healthier friendships. Group dynamics. Smoking. Alcohol. Assertiveness. Peer pressure. Celebrating inner strength.	Jealousy. Love and loss. Memories of loved ones. Getting on and Falling Out. Girlfriends and boyfriends. Showing appreciation to people and animals.	Being unique. Male & female body parts. PANTS Outside body changes. Confidence in change. Accepting change. Preparing for transition.
Safeguarding Focus	<ul> <li>Protecting yourself from online identity theft</li> <li>CEOP training</li> <li>Understanding bullying/Anti bullying week</li> <li>Student Council</li> <li>British Values curriculum</li> <li>Roles and responsibilitiesbeing a good citizen</li> <li>British Values</li> <li>Curriculum (see doc)</li> </ul>	Understanding bullying/Anti bullying week  I am Unique - whole school theme British Values Curriculum (see doc)	Teamwork tasks through the curriculum  PSHE curriculum  Residential visits-Malvern Outdoor  Transition to middle school  British Values Curriculum (see doc)	<ul> <li>Healthy         friendships.         Using social         networks, digital         citizenship.</li> <li>Celebrating inner         strength and         assertiveness</li> <li>Alcohol</li> <li>Online safety</li> <li>Being proud of         who you are</li> </ul>	Healthy     relationships     RE units-     Different     beliefs, how and     why do people     mark significant     events of life?	NSPCC PANTS     Healthy and safe relationships-making safe relationships and recognising safe relationships



Special Events  School elections Visits and Visitors Assemblies  I am Unique - whole school theme Visits and Visitors Assemblies  Residential visit Middle School Transition Visits and Visitors Assemblies  Assemblies	<ul> <li>Visits and</li> <li>Visitors</li> <li>Assemblies</li> </ul>	<ul> <li>Visits and Visitors</li> <li>Assemblies</li> <li>RSE Parent/Carers meeting</li> </ul>	<ul> <li>Mental health/well being week</li> <li>Visits and Visitors</li> <li>Assemblies</li> </ul>
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